

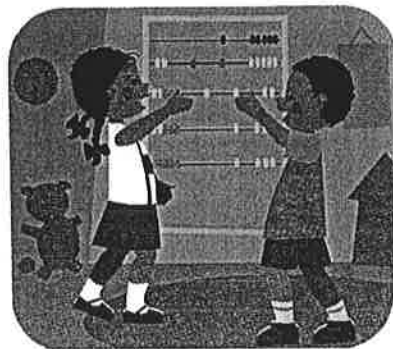
Understanding Children: Kindergarten Readiness

You can help your pre-kindergartener by talking together about what to expect. Provide opportunities to try new things, new ideas, and new friendships. Children who have been introduced to a few basic skills and who can get along well with others are sure to have a positive kindergarten experience.

The following are questions you might ask yourself about your child to determine their readiness:

- How well does my child play & cooperate with others?
- Does he/she know how to ask others for help?
- Are they able to use the restroom independently?
- Can he/she sit for a non-screen activity (listening to a story, color etc.) for 5 to 10 minutes?
- Can he/she write and recognize the letters in their name?
- Can he/she sing the ABC's?
- Can he/she count to 20 and write to 10?
- Can he/she follow simple 1 & 2 step directions?
- Does he/she have basic computer skills?

Remember that social skills don't just happen. Look for opportunities for your child to work with other children. Learning how to make friends and get along well with others is just as an important skill for all young children to learn. Strong social skills provide a good foundation for learning.



Kindergarten Experiences

Throughout the school year kindergarteners will get to participate in a variety of different activities. The following is a list of some examples:

- Physical Education
- Music Education
- Art
- Computer class
- Guidance class
- Field Trips
- Recess Breaks
- Snack Breaks
- Theme Days (dress up days, etc...)
- Class Holiday Parties

Each school day will vary for the kindergarteners and with time they all adjust very well. We wanted to give you a little idea of the many exciting things your child will participate in.

